



General Welfare Requirement: Safeguarding and Promoting Children's Welfare
The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.

Promoting health and hygiene

Sun Awareness Policy

Policy statement

Young children need special supervision when they are playing outdoors in the sunshine. It is important to recognize that sun is good for us but that too much can be bad for our health. Sunburn in childhood can lead to a much greater risk of skin cancer later in life.

Cherry Blossom Nursery and Preschool believes in sun safety to keep our children happy and safe.

Procedure

As part of the sun safety policy our nursery will:

- Protect children while they are in our nursery by educating children about the sun and how to protect their skin.
 - Have a designated Sun Safety Officer who checks the UV indicator each day and weather warning for extreme heat and puts measures in place to reduce to risk of sun exposure.
- Children must arrive wearing sunscreen that has the following: a sun protection factor (SPF) of at least 30 to protect against UVB and at least 4-star UVA protection. Staff will then routinely re-apply throughout the day - this will be logged onto the Nursery Management app parents information.
 - Sunscreen purchased by Cherry Blossom Nursery and Preschool must have the following a sun protection factor (SPF) of at least 30 to protect against UVB and at least 4-star UVA protection. This must be labelled with the date once opening.
- Staff must wear correct PPE whilst applying sunscreen in line with our infection control policy or wash hands between each application.
 - Children who cannot have nursery sunscreen due to skin conditions or allergies must bring in their own sunscreen with label indicating the child's name and date of purchase/opened.

- If a parent/guardian chooses for their child to not wear sunscreen - a risk assessment will be completed in which those with parental responsibility must sign.
- Encourage parents to provide clothes for their children that give good sun protection.
- Children must wear sun hats when playing directly in the sun, nursery can provide hats for children during their sessions. If a child chooses to not wear a hat then this child must play in a shaded area to prevent sun exposure to their head.
- Hold outdoor activities in areas of shade wherever possible and encourage children to use shady areas.
 - Work towards the provision of adequate shade for everybody.
- Encourage staff and parents to act as good role models by practicing sun safety.
 - To work in partnership with parents to protect the children at other times.
 - Regularly remind children, staff and parents about sun safety through newsletters, posters, parents meetings and activities for pupils.
 - Make sure the sun safety policy is working. We will regularly monitor when we play outside, assess shade provision and review the sun safety behaviour of children and staff.
 - To help children understand the importance of keeping themselves safe in the sun.
 - To encourage life long learning in respect of personal health and the sun.

Dated: 08/10/2025

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